



The Star Spangled Banner 1814

Words by Francis Scott Key,
Music by John Stafford Smith

Nursing Overhouse has moved to 3rd Floor—Cobb Tower



ORMC's Nursing Overhouse office has re-located to the 3rd floor of Cobb Tower. The office is located across the hall from the PCU Nursing Station. The nurse managers in Overhouse are responsible for overseeing all nursing operations during evenings and week-ends and assist with staffing and patient transfer during week-days. Volunteers are sometimes asked to make deliveries to this office or assist the nursing staff there. Please be sure to stop by and see the new office and say hello.

Did you know that the average person should drink 4-5 glasses of water per day, just to keep from dehydrating.



O say, can you see, by the dawn's early light,
What so proudly we hailed at the twilight's last gleaming?
Whose broad stripes and bright stars, through the perilous
fight,
O'er the ramparts we watched, were so gallantly streaming?
And the rocket's red glare, the bombs bursting in air,
Gave proof through the night that our flag was still there.
O say does that star spangled banner yet wave
O'er the land of the free, and the home of the brave?

On the shore dimly seen through the mists of the deep.
Where the foe's haughty host in dread silence reposes,
What is that which the breeze, o'er the towering steep,
As it fitfully blows, half conceals, half discloses?
Now it catches the gleam of the morning's first beam,
In full glory reflected now shines in the stream:
'Tis the Star-Spangled Banner! O long may it wave
O'er the land of the free and the home of the brave.

And where is that band who so vauntingly swore
That the havoc of war and the battle's confusion
A home and a country should leave us no more?
Their blood has washed out their foul footsteps' pollution.
No refuge could save the hireling and slave
From the terror of flight, or the gloom of the grave:
And the Star-Spangled Banner, in triumph doth wave
O'er the land of the free and the home of the brave.

O thus be it ever when freemen shall stand
Between their loved homes and the war's desolation!
Blest with vict'ry and peace, may the Heaven-rescued land
Praise the Power that hath made and preserved us a nation.
Then conquer we must when our cause it is just
And this be our motto: "In God is our Trust."
And the Star-Spangled Banner in triumph shall wave
O'er the land of the free and the home of the brave!

Special points of interest:

- *New location for the Nursing Overhouse Office at ORMC*
- *Badge Program going into effect!*
- *Annual Refresher Training Scheduled in July*

**Oconee Regional
Project Linus
Meeting
To Be Held at ORMC
on
July 14th**

On Saturday, July 14th, the Oconee Regional Chapter of Project Linus will be meeting at the Park Tower Education Center to make and process blankets for our seriously ill and/or traumatized kids. Bring a lunch. We'll provide cookies and drinks. Starts at 9:00 AM, and goes until 2:00 PM. Material donations are always welcome.

***"THE SPIRIT IN WHICH WE APPROACH OUR VOLUNTEERING
SERVICE DETERMINES WHAT WE RECEIVE FROM IT"***



Volunteer Badge Program now moving forward:

As you may remember from previous articles, the hospital badges are being improved. Volunteers will need to bring their badges to be re-formatted on one of the following days to the area by the Health Park Café outside the Education Center:

Wednesday, July 11th 9a-11a and 2p-4p

Thursday, July 12th 9a-11a and 2p-4p

Monday, July 16th 9a-11a and 2p-4p

Please note—if you had your badge made since April you will **not need to bring it to this event.*

The process will only take two minutes and will add your new badge number to the coding on the back of your badge. Nothing will change with the appearance of your badge. As you know, tickets are now being given to volunteers to turn in for their free meal at the hospital. These tickets are being used to track the number of volunteers using the cafeteria system and as the beginning to the transition to using our newly modified badges in our cafeteria. The final stage will take place sometime at the end of this year. I'll keep you posted. Thank you for your patience.

Did You Know.....

The Volunteer Chaplain’s parking space in the Emergency Room parking lot is reserved only for the Volunteer Chaplain that is on-call for that week. This spot is set aside so that when the Chaplain is called in (which is almost always in a very urgent situation for a patient and their family) the Chaplain will be able to park quickly and get to that patient?

**Please read this, again...
What do you do when something comes up and you can’t make your volunteer shift?**

Can’t make your scheduled shift? What do you need to do? If you are unable to make it to your regular volunteer shift at the hospital, please check your schedule to see if any other volunteer that you know can fill in for your scheduled shift. If you don’t know of another volunteer, then call me (457-2124) so that a substitute can be setup to work your shift. **Please give me as much advance notice as possible when you know that you won’t be working your volunteer shift.** This gives me a better chance to coordinate with our substitute volunteers to get something set up. If you don’t speak with me personally, please be sure to leave a message on my voicemail or email me with the dates that you won’t be working. Thank you for your time and help.

ORMC Volunteer Birthday List!

Happy Birthday to you!... Happy Birthday to you!....

ORMC and the Volunteer Service Department would like to wish the following volunteers a very Happy Birthday!!

Irene Abraham	07/02	Savannah Beebe	07/17
Meldra Harris	07/02	Carl Garofalo	07/17
Jarin Boone	07/03	Cookie Noel	07/19
Katie Brown	07/05	Cassie Miliner	07/19
Connie Wilson	07/08	Stephen Beadles	07/19



Fern Stevens	07/23
Torie Hawkins	07/23
Earnest Franklin	07/26
Angel Brown	07/29
Orlene Davis	07/30

Please be sure to wish these volunteers a Happy Birthday!!



WHY THE AMERICAN FLAG IS FOLDED 13 TIMES

Have you ever noticed on TV or at military funerals that the honor guard pays meticulous attention to correctly folding the American flag 13 times?

I've known how the 21 gun salute was determined but only recently learned why the flag was folded 13 times when it is lowered or when it is folded and handed to the widow at the burial of a veteran. Here it is:

The first fold of our flag is a symbol of life.

The second fold is a symbol of our belief in eternal life.

The third fold is made in honor and remembrance of the veterans departing our ranks who gave a portion of their lives for the defense of our country to attain peace throughout the world.

The fourth fold represents our weaker nature, for as Ameri-

Here are the figures for the month of May.

Total number of volunteer hours served : 1,810.50

Approximate amount of money saved by ORMC due to the volunteers in May: **\$21,726.00**

The Value of the services provided by the Volunteer Services Department Volunteers to the Middle Georgia area serviced by ORMC:

PRICELESS !!!

can citizens trusting in God, it is to Him we turn in times of peace as well as in time of war for His divine guidance.

The fifth fold is a tribute to our country, for in the words of Stephen Decatur, "Our Country, in dealing with other countries, may she always be right; but it is still our country, right or wrong."

The sixth fold is for where our hearts lie. It is with our heart that we pledge allegiance to the flag of the United States Of America, and to the Republic for which it stands, one Nation under God, indivisible, with Liberty and Justice for all.

The seventh fold is a tribute to our Armed Forces, for it is through the Armed Forces that we protect our country and our flag against all her enemies, whether they be found within or without the boundaries of our republic.

The eighth fold is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day, and to honor mother, for whom it flies on Mother's Day.

The ninth fold is a tribute to womanhood; for it has been through their faith, their love, loyalty and devotion that the character of the men and women who have made this country great has been molded.

The tenth fold is a tribute to the father, for he, too, has given his sons and daughters for the defense of our country since they were first born.

The eleventh fold, in the eyes of a Hebrew citizen represents the lower portion of the seal of King David and King Solomon, and glorifies in their eyes, the God of Abraham, Isaac, and Jacob.

The twelfth fold, in the eyes of a Christian citizen, represents an emblem of eternity and glorifies, in their eyes, God the Father, the Son, and Holy Spirit.

When the flag is completely folded, the stars are uppermost reminding us of our nation's motto, "In God We Trust".

After the flag is completely folded and tucked in, it takes on the appearance of a cocked hat, ever reminding us of the soldiers who served under General George Washington, and the sailors and marines who served under Captain John Paul Jones, who were followed by their comrades and shipmates in the Armed Forces of the United States, preserving for us the rights, privileges, and freedoms we enjoy today. There are some traditions and ways of doing things which have deep meaning.

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Annual Refresher Training Class Schedule

In order to meet Joint Commission safety requirements all volunteers and interns must attend an annual refresher training class. This class is to review the fundamentals of hospital safety and infection control as well as give you new information on upcoming programs, policies and events at ORMC. There are several new changes and improvements that are now being implemented here that are exciting. The volunteers and interns will play a big role in these new programs. You only need to attend this class one time per year in order to be certified. If you have not already attended this class in 2007, someone will be emailing or calling you to schedule a class with you. The following dates/times have been set aside for annual refresher training classes:

July 16th-10 a.m. - Park Tower Educ.Ctr
July 16th-2 p.m. - Park Tower Educ.Ctr
July 17th-9 a.m. - Park Tower Educ.Ctr
July 17th-1 p.m. - Park Tower Educ.Ctr
July 20th-12 Noon - Park Tower Educ Ctr

Please pick a date and then call or email me as soon as possible to reserve your seat in one of these classes, 457-2124. Thank you.

We're on the Web!
www.oconeeregional.com

Did you know that the Volunteer Service Department is on the Oconee Regional Website? Go On-line and check us out!

ORMC Blood Drive August 31st 10am—4pm Park Tower Education Center *Come & Save a Life!*

How would you like to save a life today? How about two? Or Three? Approximately **four million** people need blood every year. One person every two seconds! The overwhelming majority of those people would die without it. Healthy donors are the only source of blood; there are no substitutes. **Red cells** are used to help accident victims, surgery patients and anemic patients. **Platelets** are used for cancer and leukemia patients undergoing chemotherapy. **Plasma** is used to treat patients suffering from burns or shock. All of which can come from your single donation. So it's entirely possible to save three to four lives with your single donation. So if you've got 45 minutes, you can save a life. Who knows, the next person that needs blood might be you!!

History of our U.S. Flag



<http://www.flagday.org/Pages/FoldingtheFlag.html>

The portion of the flag denoting honor is the canton of blue containing the stars representing states our veterans served in uniform. The canton field of blue dresses from left to right and is inverted only when draped as a pall on the casket of a veteran who has served our country honorably in uniform.

In the Armed Forces of the United States, at the ceremony of retreat, the flag is lowered, folded in a triangle fold and kept under watch throughout the night as a tribute to our nations honored dead. The next morning it is brought out and, at the ceremony of reveille, run aloft as a symbol of our belief in the resurrection of the body.