

## When my loved one is in ICU

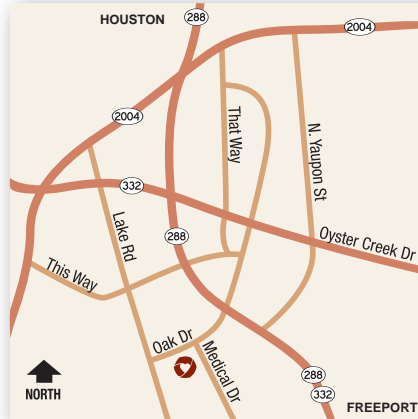
Throughout your loved ones stay in ICU, you play an essential role in the healing process. However, it is critical for you to stay healthy while your loved one is in ICU. It's important for you to continue to eat healthy and get plenty of rest. Staying up all night, day after day can interfere with decision-making. Stay positive and remember that we have highly-trained critical care nurses monitoring your loved one 24/7.

Having a loved one in ICU is very stressful. Make sure you allow time for yourself. Get up and walk around, let someone take you out for lunch, and let others visit the patient while in ICU. Save your strength, your support will be needed heavily during the recovery process.



Located on a beautiful 25 acre campus in Lake Jackson, Texas, Brazosport Regional offers state of the art diagnostic and comprehensive treatment services with care and compassion. Our highly skilled team of medical professionals is here 24 hours a day, 7 days a week to meet our communities ever changing healthcare needs. For you and your family, it all adds up to the *The Right Care,*

*Right Here.*



**Intensive  
Care**

**Critical Care for  
Quality Outcomes**



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Please limit visitors to only two people at a time.  
For the safety of your children, anyone under the age of  
14 may not be allowed inside the intensive care unit.





At Brazosport Regional Health System, our Intensive Care Unit provides premium patient care for adults with acute, life-threatening disease or injury. We have a modern 8-bed intensive care unit designed to meet the needs of every patient.

From medical to surgical, our critical care nurses partner with our physicians, surgeons and other members of the health care team 24 hours a day to ensure quality care for each individual patient.

Our area of services include:

- Pharmacological Therapies
- Ventilator Therapies
- Advanced Computerized Monitoring
- Cardiac, pulmonary, renal, multi-organ system failure
- Sepsis
- Acute Respiratory Failure

***We have a modern 8-bed intensive care unit designed to meet the needs of every patient.***

Our health care professionals partner together 24 hours a day to ensure quality care for each individual patient. The ICU team consists of:

- Patients' families
- Critical Care Nurses
- Physicians
- Surgeons
- Respiratory Therapist
- Pharmacist
- Registered Dietitians
- Social Worker
- Physical Therapist
- Occupational Therapist
- Hospital Chaplain available upon request

## **FAQ**

**Can I talk to my loved one while he/she is in ICU?**

We encourage talking with your loved one while he/she is in ICU. Speak normally, but remember that the patient may not be able to respond. Speak with the ICU nurses to find out the best way to communicate with your loved one.

**Can I touch my loved one while in ICU?**

Touching can be comforting and reassuring. Please ask an ICU nurse if you're nervous about accidentally touching medical equipment. They can point you in the right direction.

**How long should I visit?**

Patients' families are encouraged to visit their loved ones. Due to the critical nature of our patient's condition, we do ask that you allow them to get adequate rest. We also encourage you to get the rest you need to support your loved one. If you have any questions or concerns, please consult the ICU nurse on duty.